

Sri Lakshmi-Narayana Mahayajna 2020 Home Sadhana



Since 2011, the Sri Lakshmi-Narayana Mahayajna has been performed at Sannyasa Peeth, Munger, to invoke the grace and blessing of the Sri Narayana and Sri Lakshmi through the medium of yajna with invocation, mantras, aradhana, worship and havan. This year at Sannyasa Peeth, Munger the Sri Lakshmi-Narayana Mahayajna will be a private program, however all devotees and aspirants are invited to participate from the comfort and security of their own homes.

For the benefit and welfare of all spiritual aspirants, Swami Niranjanananda has given a sadhana for the yajna that can be done at home with family and friends. When you practise the sadhana at the specified times, you will be connecting with the

aradhana taking place at Sannyasa Peeth, not only through the mantras, but also through your sentiments and feeling. In the spiritual dimension, the barriers of time and space are transcended through the vibrations of mantra and the purity of bhavana, the feeling of connection, remembrance and love. This is a time to immerse in the remembrance of the gurus and connect with their teachings and grace. Invoke the energy of Lakshmi and Narayana in your homes and fill your heart with peace and contentment.

When you perform the sadhana at home, the most important aspect is to cultivate the feeling and experience of connection, through openness of heart, purity of mind and the positivity of expression.



Sadhana for 8 to 12 September 2020

8.00–10.00 IST* or 3.00–5.00pm IST*

<i>Om Gam Ganapataye Namah</i>	x 1 mala japa (audio recording)
<i>Purusha-Suktam</i>	x 4 (Roman and Devanagri p 51)
<i>Om Namo Narayanaya</i>	x 1 mala japa (audio recording)
<i>Sri-Suktam</i>	x 4 (Roman and Devanagri p 1)
<i>Om Shrim Maha Lakshmye Namah</i>	x 1 mala japa (audio recording)
<i>Narayana Hridaya Stotram</i>	x 1 (Roman p. 76, Devanagri p 75)
<i>Mahalakshmiastakam</i>	x 1 (Roman and Devanagri p 10)
<i>Aarti Jai Jagadish</i>	(Roman and Devanagri p. 144)

*Indian Standard Time

Two sessions are given; choose the one that is most convenient for you and your family. The chanting can be found in *Sri Lakshmi-Narayana Stotra Mala* available at www.satyamyogaprasad.net

For those who are not able to chant the suktams and stotrams, simply do the mantra japa along with the audio recording which you will find at www.satyamyogaprasad.net.

At www.sannyasapeeth.net in the *Events* section, you will find the special daily digital prasada of the yajna. The complete digital prasada will also be available at www.satyamyogaprasad.net.